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## April 2014

April started with April Fool's Day seeing some fun pranks being played including one by Norgarb Properties that Second Avenue was going to be closed for two weeks for construction. It seemed that most people were on high alert for pranks.

The history of this day can be traced to various beginnings. There is mention of biblical and roman origins, but the most widely believed origin stems from the time of change in the calendar from the Julian to Gregorian calendar.

This meant that the start of the year changed from 1 April to 1 January. Those who refused to recognise the change in 16th Century Europe, were subject to pranks and ridicule and were rumoured to have been called 'April Fools'.



We are heading into a month filled with public holidays as well as another week of school holidays which will run from 28 April until 2 May. A reminder that election day is ear-marked for Wednesday 7 May.

**Four new businesses** have listed on our community site during this past month. These include Cape Patio Blinds , Bernice du Plessis, Burton's Paving and John Bauer ceramics.

The move into autumn may be a good time to consider all-weather patio blinds to protect your patio from prevailing winds and rain.

Cape Patio Blinds understand the spatial dynamics of an entertainment area and design the functional all-weather patio blinds to be attractive as well as practical.

Read more about their service and experience, as well as testimonials from past clients on their website.



Bernice du Plessis is a clinical psychologist who works from a variety of therapeutic perspectives.

She is fully bilingual, and offers therapy in both English and Afrikaans. She has a special interest in autism and can help assist parents with effective parenting strategies.



Burton's Paving specialises in paving design and have experience in doing pool surrounds, driveways, patios and paths using modern simulated stone, cement pavers cobble and traditional clay pavers.

They are owner managed and offer a hands on management of projects.

John Bauer is a ceramicist with a studio in the village surrounds.

He loves entertaining guests at his studio and has a selection of porcelain bowls and plates, tiles and ceramic jewellery on offer.



With the change in season you may want to take a look at your skin care routine and see if adjustments are necessary.

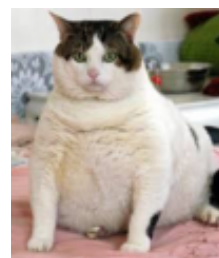
Rouge Day Spa is offering free skin analysis sessions (15 min) with professional advice too on looking after your skin. It is available for all ages – male and female. Click here for their contact details.

Early bird specials are still running at Brad's Grill and Zapata. After a busy day at work, it is so convenient to just pop out for an affordable, early meal.

Kenilworth Vet highlights the health risks of obesity in our pets and how to ensure that a healthy weight is maintained.

Scientific studies have shown that fat tissue can be biologically active, producing inflammatory hormones and causing oxidative stress on your pet's body.

This, in turn, contributes to many diseases such as diabetes, cancer and heart disease and can even lead to psychological depression. [Click here](#) for an informative article with helpful guidelines.



Property is selling extremely fast in the village.

There is a shortage of houses for sale at the moment and buyers are acting very fast when they find a suitable property.

If you are finding yourself at a life stage that involves selling or buying, get in touch with the area specialist, Norgarb Properties.

They have recently recruited an agent, Andre Ter Morshuizen, who has 16 years of specialising in Plumstead and will remain working in that area and surrounds.

Lyn Staples and Lew Norgarb remain your specialists in the Harfield Village, Claremont and Kenilworth area.

Contact the office on 021 674 1120.

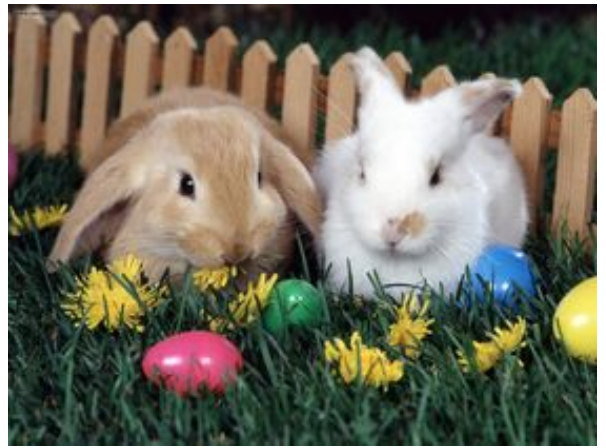
An Easter Sunday Easter egg hunt will be taking place in Hampstead Park at 11am. There will be coffee and boerewors rolls available. [Click here](#) for more information.

We wish all our readers a peaceful and blessed Easter.

Travel safely on the roads if you intend to be away over the weekend.

Be aware of road closures for the Two Oceans Marathon on Saturday 19 April.

You can [click here](#) for information on road closures and times of closures. We wish all our local runners a wonderful marathon.



Remember to like our Facebook page to receive fun informative updates about our village.

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